ESTIV By Aspens		ng / Summer 202 , 14/3, 4/4, 25/4, 1				
	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival		
Option 1	Margherita Pizza Crudites Sweetcorn	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Green Beans		
Option 2	A Arudites Sweetcorn	Super Veggie Burger in a Bun Oven Baked Wedges Coleslaw	► Veggie Sausage & Summer Veg Traybake Roasties and Fresh Vegetables Gravy	Roasted Sweet Potato Dhal Wholegrain Rice Green Beans		
Potatoes & Pasta	Hot Tomato Pasta	with Cheese or C	rispy Skin Jacket Poto	ato with Tasty Toppi		
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and pied					
The Finale	Warm Pineapple with Vanilla Ice Cream	Sticky Gingerbread Cake	Chocolate Brownie	Strawberry Mousse with Peach		
	Homemade Bread, Fresh Fruit, Yoghurt and Salad available e					



FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Vegetable Fingers

Chips and Baked Beans

V

pings available daily

ece of fruit

e Oat Cookie

very day

			3/5, 13/6, 4/7,		FR
	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	
Option 1	Creamy Chicken Pasta Bake Whole Grain Penne Garlic Slice Green Salad	Hot Dog Potato Wedges Rainbow Slaw	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Beef Minced Pie Mashed Potato Carrots	Fish Ch Mus
		▲		▲	
Option 2	Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad V	Veggie Nachos & Cheese Potato Wedges Rainbow Slaw	Cheese & Spring Onion Pastry Slice Roasties and Fresh Vegetables Gravy	Baked Bean & Veggie Sausage Cowboy Pie Carrots V	Chee V Ch Mus
Potatoes & Pasta	Hot Tomato Pasta v	vith Cheese or Cris	oy Skin Jacket Potat	o with Tasty Topping	gs avail
Packed Lunch	Freshly fil		and Mix Packed Lui I, healthy snack, hor		e of fruit
The Finale	Peach Puff Pastry	Rice Krispie Cakes	Chocolate & Marshmallow	Apple Pie & Custard	Fruity

ery day

Fruity Flapjack

ngs available daily

Wrap Chips and Mushy Peas

V

٠

Cheesy Bean

Day **Fish Fingers** Chips and Mushy Peas

Fun



	FOO!	D						
FI	ESTI By Aspens		ng / Summer 2022 28/3, 18/4, 9/5, 30/					
	Option 1	MONDAY Authentic Italian Beef Bolognese Penne Pasta Garlic Slice Sweetcorn	TUESDAY Family Faves Sticky Baked Bangers & Mash Green Beans Gravy	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	THURSDAY Food Food Festival Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli			
	Option 2	Tomato & Mozzarella Gnocchi Garlic Slice Sweetcorn	Sticky Veggie Bangers & Mash Green Beans Gravy	Quorn Roast Roasties and Fresh Vegetables Gravy	Crunchy Topped Macaroni Cheese Broccoli			
	Potatoes & Pasta Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Topp							
	PackedPick and Mix Packed LunchLunchFreshly filled sandwich or roll, healthy snack, home bake and							
	The Finale	Chocolate Mousse with Mandarin	Sticky Toffee Pudding & Custard	Vanilla Sprinkle Sponge	Apple Crumble with Custard			
Homemade Bread, Fresh Fruit, Yoghurt and Salad avo Meat Veggie Sacket Potato Packed Lunch								

WEEK THREE



Fish Fingers Chips and Peas



ings available daily

ce of fruit

Ginger Cookie

ery day