RSHE Long Term Plan EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	My feelings	My body	<u>My</u>	My beliefs	My rights and	Asking for
			<u>relationships</u>		<u>responsibilities</u>	<u>help</u>
Outcomes	I can identify comfortable and uncomfortable feelings I can describe my feelings I can manage uncomfortable feelings	I can identify ways to keep clean I know when it is important to wash my hands I know how to wash my hands	I know that there are some people can be the same as each other I know that there are some ways that people can be different to each other I know that everyone should be ok to be themselves	I have thought about the things I like I have thought about the things I dislike I have considered how to make a difficult choice, listening to other peoples opinions.	I know what private means I know that some things are done in private I know that other people need to be private sometimes.	I know that people are special to me I know what makes people special to each other I know how special people look after each other.