



Moorlands Church of England Primary Academy

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Diocese of Norwich
Education and
Academies Trust

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Dear parents and carers,

We have been advised that there has been a confirmed case of COVID-19 within the setting.

We are working closely with the Norfolk Outbreak Management Team at Norfolk County Council and continue to be vigilant for any other cases. This letter is to inform you of the current situation and provide advice on how to support your child.

Those children and staff members who have been in direct prolonged contact with the confirmed case will have received an individual letter advising them to self-isolate in line with the national guidance. **If you have not received a letter identifying your child as a close contact your child is not advised to self-isolate on account of the case in the school. This letter is for your information only.**

The setting remains open and providing your child remains well they can continue to attend as normal. We will keep this under review if there are any further developments.

What to do if your child develops symptoms of COVID-19

Although your child has not been identified as a close contact, I would like to take this opportunity to provide you with general information on COVID-19.

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared and you should inform the school. We would also recommend getting a test as soon as possible. Information on testing is available via the links below or by calling NHS 119. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

<https://www.justonenorfolk.nhs.uk/test-trace>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/ask-for-a-test-to-check-if-you-have-coronavirus/>

<http://www.nnuh.nhs.uk/our-services/covid-19-testing-key-workers/>

All other household members must also stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.

By household members staying at home for 14 days you will greatly reduce the overall amount of infection the household could pass on to others in the community.