By Aspens

28th September, 19th October, 9th November, 30th November, 21st December



MONDAY Family Faves

**TUESDAY Authentic** Italian

WEDNESDAY Backing British

**THURSDAY** Food **Festival** 

**FRIDAY** Fun Day

Main **Event** 

Bangers & Mash Pork chipolata served with mash and baked beans

Margherita Pizza

Cheesy tomato topped pizza with seasonal salad and garlic slice v

Roast Chicken

Boneless chicken with crispy roasties fresh cauliflower and gravy

**Beef Bolognese** 

Lean minced beef in the ultimate tomato sauce served with pasta and fresh courgettes A

**Fish Fingers** 

Golden breaded Pollock or Salmon fish fingers with chips and peas

Vegetarian Section

**Quorn Bangers** 

Quorn sausages with mash and baked beans

Pasta Napolitan

Wholemeal penne, tomato sauce seasonal salad and garlic slice V

**Cheese Pinwheels** 

Toasty cheese spirals with crispy roasties and cauliflower V

**Quorn Bolognese** 

Quorn, vegetables with pasta and fresh courgettes

Picnic Pitta

Quorn dippers and and tomato sauce minty cucumber salad with chips and pitta pocket

**Packed** Lunch

Jacket **Potatoes**  Pick and Mix Deli

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Toppings

**Lemon Drizzle** Flapjack

Oats and syrup home baked in a chewy bar drizzled with lemon

**Sticky Orange** Cake

Zingy orange cake made with polenta Cheesecake

Biscuit base with soft cheese and fruity topping

Chocolate **Brownie** 

Served with Orange Slices Cookie

Oat & Lemon Cookie

The Finale

V Veggie Meat

Jacket Potato

**Packed Lunch** 

By Aspens

5th October, 26th October, 16th November, 7th December, 28th December



MONDAY Family Faves

**TUESDAY Authentic** Italian

WEDNESDAY Backing British

**THURSDAY** Food **Festival** 

**FRIDAY** Fun Day

Main **Event** 

All Day Breakfast Grilled pork sausage, baked beans, tomato Cheesy topped pizza and hash brown with with mixed salad and bread and butter

Ham & Pineapple Pizza

wedges

**Baked Gammon** Baked gammon with crispy roasties, broccoli and gravy 🛕

**Turkey Burger** Served in bun with wedges and sweetcorn

**Breaded Pollock** Lightly breaded white fish fillet chips and peas

Vegetarian Section

**Breakfast** Veggie sausage, baked beans, tomato and hash brown with bread and butter v

**Veggie All Day** 

Pasta Bake Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges ,

**Cheddar Quiche** Wholemeal pastry with cheese and onion filling with crispy roasties and broccoli

**Quorn Burger** Served in bun with wedges and sweetcorn

**Beany Wrap** Wholemeal wrap stuffed with baked beans and cheese v

Packed Lunch

Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket **Potatoes** 

Crispy Skin Jacket Potato with Toppings

**Banana Loaf** 

**Anginetti** 

Flapjack Oats and syrup home baked in a chewy bar

Carrot and Pineapple Muffin Spiced with

Cookie Ginger Cookie

The Finale

Fruity banana bread cake

Italian lemon drop biscuits

Cinnamon

Meat

V Veggie

Jacket Potato

**Packed Lunch** 

## FOOD FESTIVAL

By Aspens

4th October, 2nd November, 23rd November, 14th December



#### MONDAY Family Faves

#### TUESDAY Authentic

Italian

# WEDNESDAY Backing British

#### THURSDAY Food Festival

#### FRIDAY Fun Day

### Main Event

# Pizza Whirl Cheesy pizza roll with tomato filling sweetcorn and wedges

#### Lasagne

Beef Bolognese
layered with pasta
topped with white
sauce, garlic slice and
house salad

#### **Roast Chicken**

Boneless chicken with mash, fresh carrots and gravy

#### Sweet and Sour Chicken

Served with rice and sweetcorn

#### **Fishcakes**

Mini white fish cakes with chips and peas

#### Vegetarian Section

#### Macaroni Cheese

Baked cheesy pasta with a crunchy topping and sweetcorn and wedges v

#### Vegetable Lasagne

Roasted vegetables
layered with pasta
topped with white
sauce, garlic slice and
house salad v

#### **Quorn Roast**

Quorn with mash, fresh carrots and gravy

## Sweet and Sour Vegetables

Served with rice and sweetcorn

#### Quorn Fishless Fingers

Quorn fishless fingers with chips and peas v

#### Packed Lunch

Jacket Potatoes

#### Pick and Mix Deli

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Toppings •

## Vanilla & Blueberry Blondie

Vanilla sponge with blueberries

#### Jelly and Fruit

Fruit flavoured jelly with extra fruit

#### Ice Cream Tub

Vanilla ice cream with fruity toppings

#### Apple Flapjack

Oats, apples and syrup home baked in a chewy bar

## Cookie

Lemon Cookie

The Finale