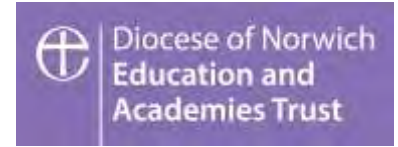




Moorlands Church of England Primary Academy

Headteacher: Mr Kevin Lee

Moorland Way, Belton, Great Yarmouth, NR31 9PA Tel: 01493 780007
Email: office@moorlands.norfolk.sch.uk Web: www.moorlands.dneat.org



26th February 2020

Dear Parent/Carer

At Moorlands, the health and safety of our students and staff is of paramount importance. I am therefore sharing guidance from Public Health England on steps we should all be taking to minimize the possible spread of Coronavirus in the UK. **There is currently no cause for concern at the school.** We will however keep you informed about any developments and ensure we are keeping the academy especially clean to prevent the spread of the virus.

The advice is as follows;

CATEGORY 1 COUNTRY OR AREA ADVICE

'If you or your children have returned from a category 1 country or area in the past 14 days (see definition below) then Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area (see the [home isolation advice sheet](#) for help with this)
- If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention) – see below for the symptoms to look out for

Category 1 country or area definition

This includes:

- Wuhan city and Hubei province, China
- Iran, Daegu or Cheongdo in South Korea or any Italian town under containment measures (see the map [here](#)) **if you've returned on or after 19 February 2020**

CATEGORY 2 COUNTRY OR AREA ADVICE

If you or your children have returned from a category 2 country or area in last 14 days (see definition below) if you or your children are well:

- You don't need to avoid contact with other people
- Your other family members don't need to take any precautions or make any changes to their own activities

If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses (see the [home isolation advice sheet](#) (3) for help with this)

Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

This includes:

Category 2 country or area definition

- Cambodia, China (other than Wuhan city or Hubei province), Hong Kong, Italy: north (see the map [here](#)) **only if you've returned on or after 19 February 2020**, Japan, Laos, Macau, Malaysia, Myanmar, Singapore, South Korea (other than Daegu or Cheongdo), Taiwan, Thailand or Vietna

SYMPTOMS TO LOOK OUT FOR

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other [official guidance](#), while you wait for further advice:

- Avoid contact with others
- Stay at home – don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)
- If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment

If you or your child have any further concerns or questions, please do not hesitate to contact the Head teacher or the office at the academy.

Yours sincerely

A handwritten signature in black ink, appearing to read 'K Lee', is enclosed in a thin black rectangular border.

K Lee
Head Teacher

On behalf of DNEAT/St Benet's

1. <https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19>
2. <https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas>
3. <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-self-isolation-for-patients-undergoing-testing/advice-sheet-home-isolation>
4. <https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-guidance-to-assist-professionals-in-advising-the-general-public/guidance-to-assist-professionals-in-advising-the-general-public>