

Are you looking after your grandchildren full time?

Whether you have special guardianship or an informal care arrangement this group can provide you with support by giving you the chance to talk to others, share problems, discuss solutions and most importantly - **laugh**.

Come along for a picnic at

King George V Park, Allendale Road, Caister (map overleaf)

On Thursday 3rd August 11 a.m. please bring your own food and drink. If raining we will have an indoor picnic and games at

Or join us for coffee and a chat- without the children, at

Newtown Community Centre – Beatty Close (map overleaf)

On Tuesday 15th August 7.00 – 8.00 p.m.

Booking is not necessary, but it would be good to have an idea of numbers, so please text or phone Caroline on 07795044333 to let her know if you are coming.

And remember, as the song says – ‘there’s no-one quite like grandad’ - unless of course, it’s grandma.