



Diocese of Norwich
Education and
Academies Trust

Moorlands Church of England Primary Academy

Headteacher: Mr Kevin Lee

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20th February 2017

Dear Parent/Carer

This week the children will be discussing the NSPCC's Underwear Rule in our PSHE lessons.

During these discussions, we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic which is green cross code for staying safe from sexual abuse.

PANTS stands for:

- **P**rivates are private
- **A**lways remember your body belongs to you
- **N**o means no
- **T**alk about secrets that upset you
- **S**peak up, someone can help

The lesson will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- 'Appropriate' and 'inappropriate' touching
- Your child's right to say no to things that make them feel uncomfortable or upset.
- Naming body parts
- Who your child can turn to if they feel upset or worried

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with us, more information can be found at nspcc.org.uk/underwearrule.

If you have any questions or concerns please do not hesitate to contact us.

Yours sincerely

K Lee
Head Teacher



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