

Week 1

Monday

Local Pork & Apple
Burger in a Wholemeal Bun
or
Southern Style Quorn Burger
in a Wholemeal Bun
Seasonal Vegetables
Baked Beans
Fresh Salad Bar
Apple & Raspberry Sponge
with Lemon Icing
or
Fresh Fruit Salad

NEW

NEW

Tuesday

Sweet & Sticky
Chicken Noodles
or
Margherita Flatbread Pizza
with Herby Diced Potato
Seasonal Vegetables
Fresh Salad Bar
Light Chocolate Mousse
& Biscuit
or
Fresh Fruit Salad

Wednesday

Beef Cottage Pie
or
Roasted Tomato & Pepper Tart
Seasonal Vegetables
Fresh Salad Bar
Cannet Cake with Orange
Buttercream Topping
or
Fresh Fruit Salad

NEW

Thursday

Honey Roast Gammon,
Roast Potatoes & Gravy
or
Quorn Roast,
Roast Potatoes & Gravy
Seasonal Vegetables
Fresh Salad Bar
100% Real Fruit Juice Ice Lolly
or
Fresh Fruit Salad

Friday

Baked Fish Fillet
in Batter & Chips
or
Crunchy Vegetable
Fingers & Chips
Seasonal Vegetables
Baked Beans
Fresh Salad Bar
Cocoa Beetroot Brownie
or
Fresh Fruit Salad

NEW

NEW

Why is milk the fastest liquid
on the planet?
It's pasteurised before you
can see it

What do you call the opposite
of a hot pepper?
A little chilli

Week One commencing:
18th April, 8th May, 5th June,
26th June, 17th July,
18th September, 9th October

Week 2

Monday

Baked Suffolk Sausages,
Mashed Potato & Gravy
or
Vegetarian Sausages,
Mashed Potato & Gravy
Seasonal Vegetables
Fresh Salad Bar
Apple, Pear & Cherry Crumble
with Custard
or
Fresh Fruit Salad

Tuesday

Chicken & Sweetcorn
Wholemeal Pasta
or
Quorn, Tomato &
Vegetable Spaghetti
Seasonal Vegetables
Fresh Salad Bar
Swiss Iced Bun
or
Fresh Fruit Salad

NEW

Wednesday

Shepherds Pie Topped
with Cheesy Potatoes
or
Vegetable Sheperdess Pie
Seasonal Vegetables
Fresh Salad Bar
Toffee Apple Squares
with Toffee Sauce
or
Fresh Fruit Salad

NEW

Thursday

Roast Loin of Pork,
Roast Potatoes,
Stuffing & Gravy
or
Cauliflower & Sweet
Potato Gratin
Seasonal Vegetables
Fresh Salad Bar
Cowboy Cookie &
Fruit Juice Drink
or
Fresh Fruit Salad

NEW

Friday

Breaded Salmon Fillet or
Fish Fingers with Chips
or
Quorn Frankfurter Hotdog & Chips
Seasonal Vegetables
Baked Beans
Fresh Salad Bar
Chocolate & Coconut Flapjack
or
Fresh Fruit Salad

NEW

How does a
train eat?
It goes
chew chew

Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yoghurt, apple & strawberry or real orange jelly. Some dishes may vary due to individual school preferences, policies and cultural considerations.
For information on Allergens & Intolerances visit www.eats-catering.co.uk

Week 3

Monday

Danish Beef Meatballs
in Sweet Onion Gravy
with Crispy Potatoes
or
BBQ Glazed Quorn Fillet
with Crispy Potatoes
Seasonal Vegetables
Fresh Salad Bar
Jam Roly Poly with Custard
or
Fresh Fruit Salad

Week Three commencing:
2nd May, 22nd May, 19th June,
10th July, 11th September,
2nd October

Tuesday

Mild Chicken
Korma Curry
or
Mild Sweet Potato &
Chickpea Korma
Fluffy Vegetable Rice & Pitta Bread
Fresh Salad Bar
Summer Fruit Pie with
Vanilla Ice Cream
or
Fresh Fruit Salad

NEW

Wednesday

Leek & Ham
Tagliatelle Pasta
or
Macaroni Cheese & Butternut
Squash Bake with Crunchy Topping
Garlic Bread
Seasonal Vegetables
Fresh Salad Bar
Lemon & Mandarin
Mousse Cake
or
Fresh Fruit Salad

NEW

NEW

Thursday

Roast Chicken,
Roast Potatoes & Gravy
or
Vegetarian Toad-in-the-Hole
& Gravy
Seasonal Vegetables
Fresh Salad Bar
Sticky Cornflake Tart
or
Fresh Fruit Salad

Friday

Baked Fish Fillet
in Batter & Chips
or
Cheese & Tomato Pizza Wheel
Seasonal Vegetables
Baked Beans
Fresh Salad Bar
Chocolate Banana Cake
with Chocolate Sauce
or
Fresh Fruit Salad

NEW

NEW

Why do bananas wear sun lotion?
Because they peel

What do you call a shoe made from a banana?
A slipper

Where do hamburgers go to dance?
The meat ball